

Good Living Workshops

The association Erbandando, in collaboration with the active citizens and associations of the territory, put tools and programs to use in order to support the development of critical consumption and the food value knowledge as health and good agriculture regenerating items.

The proposed activities are focused on the short chain and its values - periodicity, direct relationship with producers, knowledge of the food-health relationship. They include: educational activities on nutrition through the "laboratories of the good life" for various population targets; integrated with direct sales initiatives with quality systems' producers; initiatives for children in collaboration with the Coop.va Aranciablu and Organic Provincial Desk, to promote the importance of taste, seasonality, health. It is also emphasized the understanding of culinary herbs to enhance biodiversity, traditional skills and knowledge, theoretical meetings and cooking classes to deepen the natural ability of handling and processing local products.

Meetings with the Producers

It involves the realization of meetings with producers in order to know the issues involved in the conduct of their own job. As part of this project, opportunities to compare the different producers, experts and Public Hygiene technicians have been offered with the aim of facilitating their coordination.